



# CANNABIS HEALTH NEWS

ISSUE EIGHT | AUGUST 2024

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### CANNABIS IN THE SUMMER HEAT

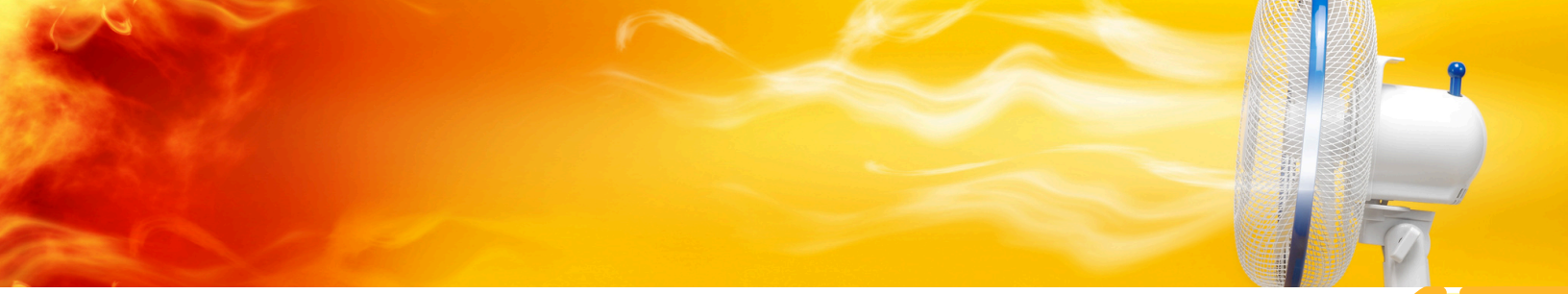
Cannabis contains various compounds including terpenes and cannabinoids containing properties that may help alleviate discomfort caused by high temperatures. If your body temperature is high, cannabis may help lower it and keep you from overheating. Cannabis interacts with your vanilloid receptors that regulate if you are hot or cold. Cannabis numbs the receptors and can help trigger a natural cooling response, and may improve your mood. Many compounds in cannabis act as a homeostatic agent to help maintain your body's balance.

You may add tincture to your favorite juice or water as a great way to stay hydrated and beat the heat. A tincture is a liquid THC oil product that can be ingested alone or with a beverage. Come in to learn more about tinctures from our Medical Technicians at Cannabis Health. Consuming cannabis this way may be refreshing and a great alternative to smoking. Your body will react quicker to smaller amounts of cannabis in warmer temperatures. Start by using half of the normal dose you would consume if you are warmer temperatures.



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## Concentrate Care

Store in an airtight solid container in the refrigerator freezer or cool environment  
Vapes should not be frozen

Don't store your concentrates in plastic containers, sunlight, high humidity or heat

### Summer Tips For Vapes:

Store in a cool, dry place  
Turn your vape off during storage  
Clean with alcohol

### Summer Tips For Edibles:

Keep in a cool dry place  
Store in refrigerator, freeze in an airtight container  
Keep cannabis products safely away from children and pets



## Flower Care

Store cannabis between 60-68°  
Avoid heat and sunlight

Store flower in an airtight container with proper air flow

Beat the heat and keep your products cool this summer

Keep cannabis safely away from children and pets



# What's New at Cannabis Health!

### EDIBLES

FTH | Sweet and Savory Pretzels | 100mg 9 pk  
FTH | Goji Flo | Blue Raspberry Sugar Free Gummies | 88mg 4 pk  
DNS | Indica Live Rosin Capsules | 35 pk  
DNS | Indica Live Rosin Hard Candy | Grapes in Space | 20 pk



### PRE-ROLLS

Dakota Green | AM Lime | 1g Pre-Roll  
Dakota Green | Sugarcane | 0.8g Pre-Roll  
Dakota Green | Thug Roze | 0.9g Pre-Roll  
Dakota Green | Turbo Diesel | 1g Pre-Roll  
Dakota Green | Redneck Wedding | 1g Pre-Roll  
Dakota Green | Sierra Cherries | 1g Pre-Roll  
Dakota Green | Hell's Fire | 1g Pre-Roll  
Dakota Green | Black Afgani | 1g Pre-Roll  
Dakota Green | Point Break | 1g Pre-Roll  
Dakota Green | Sour Plums | 1g Pre-Roll  
Dakota Green | Sour Chem D | 1g Pre-Roll  
Dakota Green | Clementine | 1g Pre-Roll  
Dakota Green | Booberry Cookies | 1g Pre-Roll  
Dakota Green | Blueberry Train Mac | 1g Pre-Roll  
Dakota Green | Pine Sap Chem | 1g Pre-Roll



@CHSRapidCity



@chealthstore

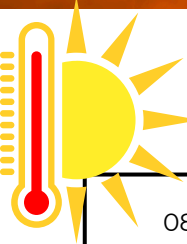


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# AUGUST SPECIALS

08/01 - 08/31	Happy Hour 4-6 PM EVERYDAY!
08/01 - 08/31	Tropical Topicals - \$10 OFF Select Topicals
08/01 - 08/31	High Grade Combos - DNS \$80 1/2 OZ and \$160 OZ Mix and Match
08/01 - 08/31	Buffet Bundle - Pick 1 Flower, 1 Edible, & 1 Vape or Wax for \$75
08/01 - 08/31	Bikes N Budz Bundle - Pick 1 Pre-Roll, 1 Gummy & 1 Vape for \$50
08/01 - 08/31	Pre-Roll Party - \$8.40 Pre-Rolls (All Dakota Green, Dakota Natural Solutions, & From The Hills)
08/01 - 08/31	Butter Blowout - \$30 OFF

SPECIALS SUBJECT TO CHANGE, BASED ON AVAILABILITY. NOT VALID WITH ANY OTHER DISCOUNTS, OFFERS, OR PROMOTIONS, WITH THE EXCEPTION OF OUR VETERAN AND SENIOR DISCOUNTS



## GREEN ON YOUR GREEN

### FULL OZ STRAINS

DAKOTA GREEN - Booberry Cookies, Clementine, Hell's Fire, Sour Plums, Blue Cookies

FROM THE HILLS - Aretha, Jack Herer, Pineapple Chunk, Time Trip, Crescendo RBX1, Acapulco Gold, Dakota Cookies

### MIX & MATCH STRAINS

Dakota Natural Solutions - Lilac Diesel, Cali Mints, Eyescream Bananas, Legend Haze, Passion Pit, Apes in Space

Dakota Green - Hell's Fire  
From the Hills - Crescendo RBX1, Jack Herer, Acapulco Gold

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Signing up is easy! Just ask our Medical Technician today about how you can become a Cannabis Health VIP member!